Online Safety Newsletter Autumn Term 2022

In This Issue

Parkland Primary School

Learning together

We are pleased to share with you, this term's newsletter. The purpose of this newsletter is to provide you within information regarding what pupils have been learning in school as well as share some practical advice on how to keep pupils safe when online.

In this term's newsletter:

- **Anti Bullying week and Online Safety**
- **Our Parkland Online Safety Ambassadors**
- **Online Safety learning this term**
- **What children are regularly accessing online and how you can support them**
- **Where you can get information to support your child's online safety**

Anti Bullying Week 14th November

'Let's come together and reach out to stop bullying!'

Anti-bullying week took place across schools in the UK on 14th - 18th November.

The theme of Reach Out came about following consultation with teachers and pupils by the Anti-Bullying Alliance which coordinates Anti-Bullying Week every year in England and Wales. Teachers and children wanted a theme that empowered them to do something positive to counter the harm and hurt that bullying causes.

Following the success of the campaign in 2021 – when 80% of schools marked the week, reaching over 7.5 million children and young people – Anti-Bullying Week will remind everyone whether it's in school, at home, in the community or online, let's reach out and show each other the support we need.

Our call to action:

Bullying affects millions of lives and can leave us feeling hopeless. But it doesn't have to be this way. If we challenge it, we can change it. And it starts by reaching out.

Whether it's in school, at home, in the community or online, let's reach out and show each other the support we need. Reach out to someone you trust if you need to talk. Reach out to someone you know is being bullied. Reach out and consider a new approach.

And it doesn't stop with young people. From teachers to parents and influencers to politicians, we all have a responsibility to help each other reach out. Together, let's be the change we want to see. Reflect on our own behaviour, set positive examples and create kinder communities.

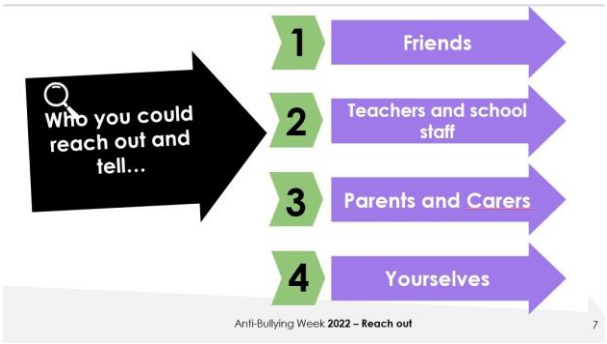
It takes courage, but it can change lives. So, this Anti-Bullying Week, let's come together and reach out to stop bullying.

At Parkland, we have defined bullying as:

*Bullying is the **repetitive**, **intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**.*

It can happen face to face or online.

Our school council led an assembly with all year groups. They shared what bullying was and reinforced the message that this can happen face to face our online. Attached is their PowerPoint presentation.



Our Parkland Online Safety Ambassadors

As a school, we are committed to supporting pupils understanding on how they can use technology safely and responsibly. This includes online safety. To ensure that we have a pupil voice, members of our school council are also Online Safety Ambassadors. Our Online Safety Ambassadors for this year are:

Alfie (yr6)

Laneah (yr5)

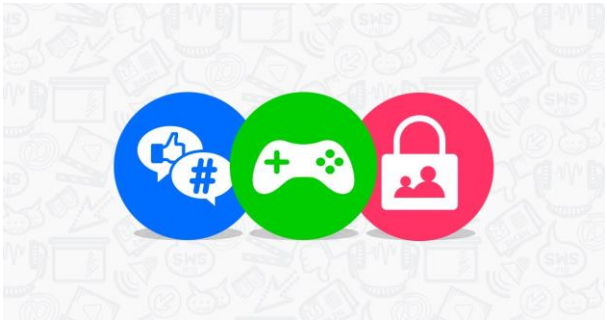
Sergio (yr4)

Sonny (yr3)

Their focus for this term is:

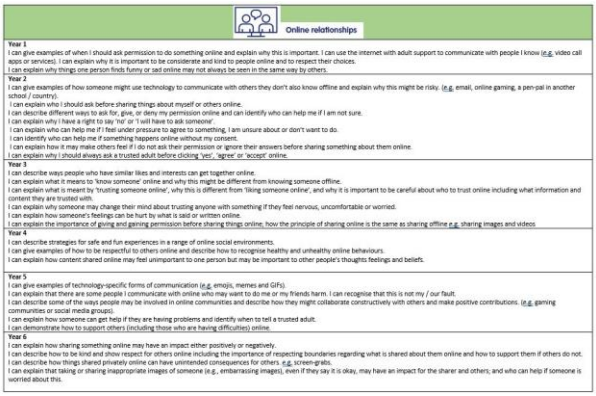
1. Reviewing the school acceptable use policy (AUP) with school leaders and ensuring that all classes sign up to this

2. How we can promote the safe use of digital devices in school so that they are used safely and respectfully
3. Identifying the online platforms that pupils are using at home and support school leaders in providing guidance for parents



Online Safety Learning This Term - Managing Online Information

This half term, **pupils will be learning about online relationships.** Pupils will explore what information they should share online, what it means to know someone online and how to stay safe online when in online social environments. Please click on the picture below for further information for each year group.



Online relationships

Year 1
I can give examples of when I should ask permission to do something online and explain why this is important. I can use the internet with adult support to communicate with people I know (e.g. video call apps or services). I can explain why it is important to be considerate and kind to people online and to respect their choices.
I can explain why things one person finds funny or sad online may not always be seen in the same way by others.

Year 2
I can give examples of how someone might use technology to communicate with others they don't also know offline and explain why this might be risky. (e.g. email, online gaming, a pen-pal in another school / country).
I can explain who I should ask before sharing things about myself or others online.
I can describe different ways to ask for, give, or deny my permission online and can identify who can help me if I am not sure.
I can explain why I have a right to say 'no' or 'I will have to ask someone'.
I can explain who can help me if I feel under pressure to agree to something, I am unsure about or don't want to do.
I can identify who can help me if something happens online without my consent.
I can explain how it may make others feel if I do not ask their permission or ignore their answers before sharing something about them online.
I can explain why I should always ask a trusted adult before clicking 'yes', 'agree' or 'accept' online.

Year 3
I can describe ways people who have similar likes and interests can get together online.
I can explain what it means to 'know someone' online and why this might be different from knowing someone offline.
I can explain what is meant by 'trusting someone online', why this is different from 'liking someone online', and why it is important to be careful about who to trust online including what information and content they are trusted with.
I can explain why someone may change their mind about trusting anyone with something if they feel nervous, uncomfortable or worried.
I can explain how someone's feelings can be hurt by what is said or written online.
I can explain the importance of giving and gaining permission before sharing things online, how the principle of sharing online is the same as sharing offline e.g. sharing images and videos

Year 4
I can describe strategies for safe and fun experiences in a range of online social environments.
I can give examples of how to be respectful to others online and describe how to recognise healthy and unhealthy online behaviours.
I can explain how content shared online may feel unimportant to one person but may be important to other people's thoughts feelings and beliefs.

Year 5
I can give examples of technology-specific forms of communication (e.g. emojis, memes and GIFs).
I can explain that there are some people I communicate with online who may want to do me or my friends harm. I can recognise that this is not my / our fault.
I can describe some of the ways people may be involved in online communities and describe how they might collaborate constructively with others and make positive contributions. (e.g. gaming communities or social media groups).
I can explain how someone can get help if they are having problems and identify when to tell a trusted adult.
I can demonstrate how to support others (including those who are having difficulties) online.

Year 6
I can explain how sharing something online may have an impact either positively or negatively.
I can describe how to be kind and show respect for others online including the importance of respecting boundaries regarding what is shared about them online and how to support them if others do not.
I can describe how things shared privately online can have unintended consequences for others, e.g. screen-grabs.
I can explain that taking or sharing inappropriate images of someone (e.g., embarrassing images), even if they say it is okay, may have an impact for the sharer and others; and who can help if someone is worried about this.

What children are accessing online and how you can support them

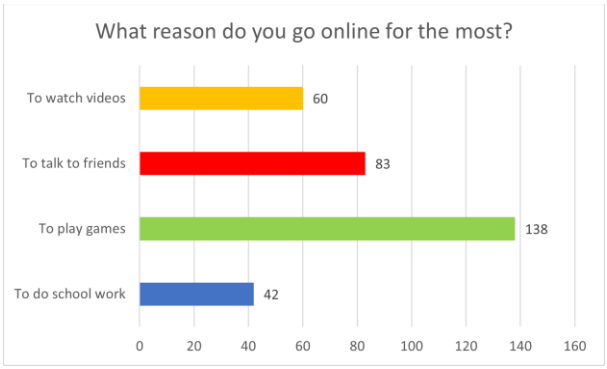
Last year, pupils completed a survey about Online Safety so that we could understand why they go online, what they do online and how they keep themselves safe online. Pupils responded very positively and most had a clear understanding of how they can be safe online.

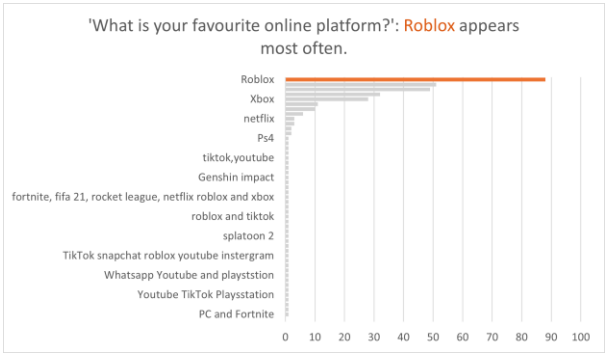
Pupils shared that they generally went online for entertainment purposes. They also identified the specific platforms they engaged with online. These have been shared below.

The most popular online platform was Roblox. There has been quite a lot of news reports about Roblox recently. This has centred around the content within the platform. There are some great games that children can play but there are also a number that are quite graphic, particularly involving violence.

To ensure that children can play safely on Roblox, please follow the link so that you can apply the correct privacy and age related settings.

https://www.internetmatters.org/hub/esafety-news/parents-guide-to-roblox-and-how-your-kids-can-play-it-safely/





Where you can get information to support your child's online safety?

There are many different websites that share great advice on how to keep children safe online. They keep up to date with current trends and regularly update their advice when technological changes have been made to online platforms. Below are a list of websites that you can use if you have concerns regarding your child's online safety.

https://www.nspcc.org.uk/keeping-children-safe/online-safety/

https://nationalonlinesafety.com/guides (you will need to create a free account to access the information)

https://www.childnet.com/

https://www.internetmatters.org/advice/6-10/

https://saferinternet.org.uk/

UK Safer Internet Centre
www.saferinternet.org.uk

internet matters.org

Childnet

NOS National Online Safety®

NSPCC

Contact Us

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If you have any concerns regarding online Safety or need some advice on new Apps or games, please contact the school office and ask to speak to Mr Hayes or email school admin@dsatparkland.org